

# Tuddemham St Mary

Quarterly Newsletter - March 2023
In conjunction with

Cavenham & Berringswell



Notification of any Village Events taking place over this weekend will be distributed separately

#### Changes to Voting - Photo ID Needed

The UK Government has introduced a requirement for voters to show photo ID when voting at a polling station and the new requirement will apply for the first time in England at the local elections on Thursday 4<sup>th</sup> May.

You may already have a form of photo ID that is acceptable.

You can use any of the following:

- Passport
- Driving licence (including provisional license)
- Blue badge
- Older person's bus pass
- · Disabled person's bus pass
- · Ovster 60+ card
- Identity card with PASS mark (Proof of Age Standards Scheme)
- Biometric Immigration document
- · Defence identity card
- · National identity card issued by an EEA state

The name on your ID should be the same name you used to register to vote. You can still use your photo ID if it's out of date, as long as it looks like you.

For more information on which forms of photo ID will be accepted, visit https://electoralcommission.org.uk/voterID

If you don't already have an accepted form of photo ID, or you're not sure whether your photo ID still looks like you, you can apply online for a free voter ID document, known as a Voter Authority Certificate. For more information and to apply online, go to <a href="https://voter-authority-certificate.service.gov.uk">https://voter-authority-certificate.service.gov.uk</a>.

The deadline for completed Voter Authority Certificate application forms for the elections is Tuesday 25<sup>th</sup> April 2023.

If you need any support uploading digital photos or completing the voting form online, Claire Unwin and Amanda Spence will be available to help with this at Coffee Morning Tues 7th March and at the Village Consultation, St Mary's Church 12.30pm 18th March.

# Village Consultation St Mary's Church, Saturday 18th March 12.30 - 2.30 pm.

Another opportunity to give feedback, raise any issues, put your ideas forward and to talk to members of the Parish Council, our village committees, charities and interest groups about current and future plans and events.

# If you use alternative fuels for heating

You may be eligible for a £200 Alternative Fuels Payment (AFP)

If both the following are true:

- your household is not connected to the mains gas grid
- you use alternative fuels as your main form of heating

This is on top of the £400 from your electricity supplier.

You're eligible for this payment if the main way you heat your home uses:

- tank or bottled gas
- liquid petroleum gas (LPG)
- oil
- wood
- solid fuel

The vast majority, including many homes in rural areas, will get it automatically through their electricity supplier as a credit on their bill throughout February. A small minority of customers, such as those living in park homes or on static houseboats with no direct energy supplier, will need to apply to receive the payment through an online portal that will launch at the end of February 2023 on gov.uk website.



# **CHURCH SERVICES**

#### March -June 2023

#### St Mary's, Tuddenham

Sunday	5 March	9.30 am	Morning Service with Revd David Butcher
Sunday	9 April	9.30 am	<b>Easter Day Family Service with Holy Communion</b>
Sunday	30 April	9.30 am	Group Service – Holy Communion
Sunday	7 May	9.30 am	Morning Service with Revd Caroline Butcher

#### St Andrew's, Cavenham

No services this quarter

#### St Ethelbert's, Herringswell

Sunday 2 April 11.00 am Holy Communion – Palm Sunday

#### St Christopher's Community Church, Red Lodge

Anglican and Methodist ecumenical services held every Sunday at 11.00 am 3<sup>rd</sup> Sunday of every month Café Church at 11.00 am

#### Other Churches in the Beck Row Group

Details of **Church Services** for **St John's, Beck Row**; **St Laurence's, Eriswell** and **St James', Icklingham** can be found on the Monthly Church Services Rota displayed on the Church porch notice boards of St Mary's Church, Tuddenham and St Andrew's, Cavenham.

#### The Annual Parochial Church Meeting

The (APCM) will be held in St Mary's church at 11 am on Sunday, 7th May, immediately following the service on that morning. This is an open meeting and will be an opportunity to hear a report of the proceedings of the Parochial Church Council (PCC) for St Mary's Tuddenham with St Andrew's Cavenham, and for the preceding year. Everyone is welcome to attend, and expressions of interest in joining our PCC are also most welcome Current members of the PCC are Chair Revd David Butcher: Honorary Secretary (Church Warden) Kathryn Parker: Honorary Treasurer Rachel Brittain: Members Esme Murfitt, Amanda Spence and Claire Unwin

## St Mary's Church Wall Restoration

#### Before---- &---- After



The ancient flint wall that borders the eastern edge of the old churchyard has been in much need of repair for a number of years.

This wall is an integral part of the Grade 1 Listing



of St Mary's church. It is also characteristic of our rural Breckland setting and required specialist work for its restoration. The cost of repairing the 25 metre section that has recently been worked on was £10,000. Over the last year this funding has come together and the PCC are most grateful to a number of private donors, as well as grant giving bodies, for their contribution, making it possible to embark on the repair. During the year, there have also been a number of fund raising events in the church, with the proceeds going towards the wall fund.

Finally we are able to see the result!

Donations were received from

Garry Holland
Philip Brown Memorial Fund
Owen Wilson (Lord of the Manor)
Tuddenham History Club
The Friends of St Mary's Church

Grants were received from

The Alfred Williams Charitable Trust
The Benefact Trust
The Prince of Wales Charitable Fund
Suffolk County Council (Councillor Colin Noble's Locality Budget)

Thank you to everyone involved in making this project achievable.

Rachel Brittain Treasurer to St Mary's PCC

## The Vicar's view

I don't normally like to wish time to pass by too quickly but as we venture into the month of March, I am very aware that we're heading towards the time we put the clocks forward! I really look forward to that. I love the lighter nights and the onset of spring, with the bulbs and the flowers emerging into a bright new future. Hopefully the frosts and sky-high heating bills will be a dimmer memory.

In church terms that also means that we are racing towards Easter and the busy-ness that comes for us as clergy over that period. We will have no doubt whizzed through Lent, the time of preparation for Easter ... Then all of a sudden it is Good Friday and the three days leading to Easter Sunday and our faith in the resurrection of the Lord Jesus Christ. Undoubtedly the most significant time for us as Christians.

It also brings with it a time of holiday, school breaks, too much chocolate and precious time that can be spent together with family.

For Caroline and I the start of April promises to be a special and exciting time too; as our daughter and son in law are about to make us first time Grandparents! ... (About bloomin' time, we've waited long enough!)

All of this focus seems to be on the passage of time and that relentless charge of the clock! Just like everyday life; for us it seems that each year passes faster and faster, change is noticeable all around us.

My hope is that at some point we all might have the opportunity to stop or at least pause to enjoy the 'here and the now' rather than racing on towards the next thing. Take time to view the countryside around us. To smell the flowers, to listen to the bird song, to watch the sunrise or the sunset as the pace of life just roars on!

I suppose it is true what they say? Time really does fly by. I guess that it is a sign that I am getting older ... even though I remain in complete denial!

The mirror however tells a different story!

Wishing you all many blessings at this time as we head rapidly towards Easter.

David

(We would love to hear from you about any issues that church might be able to assist with. Contact details are below).

Revd David Butcher (07747 816038) revdavidbutcher@gmail.com

Revd Caroline Butcher (07879 857015) revcarolinebutcher@gmail.com

# The Accidental Shopkeeper



#### **News from The Purple Pantry**

The weather has given us a glimpse of Spring and we're ready for it! It is hard to create and keep much heat in an agricultural barn, even without thinking about the current hikes in energy prices. For next winter, we hope to be more innovative in our approach and be able to offer a 'warmer space' for shopping and coffee.

The new café area at the back of the shop has been well received and our homemade cakes and Sam's soups have proved very popular. It was sad to see the closure of Crops Bakery, but we have welcomed The Friendly Loaf, as our new bread supplier. They offer a variety of Sourdough, French sticks, Foccacia and many other tasty treats. Fresh bread is available Thursday – Saturday. Our range of meat from on-farm butchers TFM has grown steadily, pricing and order forms can be found in the download section of our website. Those fish lovers amongst you will hopefully be pleased that weekly fish is coming soon to The Purple Pantry. We also have continued to expand the number of locally produced products and many new lines have been introduced over the last few months.

Other exciting news is that we have plans afoot to make use of the mezzanine space in the shop, to accommodate periodic events such as craft fairs etc. We have also teamed up with Sally at La Cuccina Italiana to offer pizza and pasta workshops during the school holidays, providing a fun activity for the kids (watch out for more dates to come). We have also recently welcomed Hannah and Bill on board, more friendly faces to help you with your shopping.

Finally, your dogs are very welcome, but a small plea to the dog walkers, please can you take your poop bags with you, as we have recently had some regularly left by our shop sign.

Thank you again for your custom.

Roll on Spring, outside seating and some sunshine!

The Team at the Purple Pantry.



#### **Latest news from the Village Hall**

You will probably have seen that the construction of the new village hall building is virtually complete. The focus is now moving towards the internal fit out and the design of the outdoor area and car parking. A final completion date has yet to be confirmed but we hope to be able announce this within the next few weeks when we will also give details of the plans for our Grand Opening event.

We are delighted that the Youth Club goes from strength to strength and that we have also welcomed back the popular Cookery Club. The new Gardening Club have also started to meet at the hall and we hope to see more Community Clubs join us - if there is a club you would like to see in the village (or better still, a club you would like to run) then please contact us. Other events we will be welcoming to the new hall will include regular Family Board Games evenings and Quiz Nights.

In the meantime our Coffee Mornings continue on the first Tuesday of the month and Craft & Chatter (formerly Knit & Natter) on the other Tuesdays.

We hope to see you all at some of our events soon.

Mark Bignell
Chair, Trustees of Tuddenham Village Hall
Contact us by email <a href="mailto:info.tuddenhamvh@gmail.com">info.tuddenhamvh@gmail.com</a> or telephone 07365 385885



**Tuddenham Green Fingers** is a recently formed community group for people with a mutual interest in gardening.

Membership is free and everyone is welcome to join whether you are experienced, looking to improve your garden or just starting out and looking for help.

We had our first meeting/activity in November with the Christmas Wreath workshop and it was a huge success with everyone producing amazing wreaths together with meeting new people over a glass or two of mulled wine.

We also had our first outing to Chippenham Park Gardens to see the display of snowdrops, dwarf Iris and aconites and it didn't fail to disappoint and the cuppa and scones were great too!

There is/was a get together on 27 February to plan ahead for the coming year and discuss what activities as a group we would like to see happen. There will be lots of plant and seed swaps, more field trips to gardens/garden centres, and of course, guest speakers. We are also working with the Parish Council to help enhance and maintain some of the green spaces around the village and the bulbs we planted back in November are already showing signs of life and we hope to add more insect friendly plants as the year goes on.

Following our launch in October we already have 20+ members via our Facebook Group. We intend to hold our meetings on the last Monday of each month (subject to hall availability). If you would like to join the Group, or just get some more information, please contact Carron Bignell – by telephone 07555 297052 or email carron.bignell99@gmail.com





Local, reliable gardener for all garden maintenance and design.



For all enquiries, please contact the below:

Andrew Ryland 07769184075 aryland68@gmail.com



# Pilates Fitness Wellbeing

making the most of you



with

Sarah Schofield
(L3 Instructor) at
Tuddenham Village Hall

Wednesday Evening 7-8pm Friday Morning 10-11am £8.00 per 1hr class Call 07791330924 for details

# Tuddenham Youth Club

# Meets every third Saturday of the month 10am - 12noon.

All ages welcome from babies to teens!

Activities include: a different seasonal craft each month, ping-pong, table football, pool, board games, building blocks, cars and tracks and baby sensory toys

#### **Youth Club dates:**

#### 18th March – Meet at St Mary's Church

We will then head off on a nature walk with den building and willow star/wand making

April 15th - At the village hall with spring crafts plus all the usual activity stations

May 20th - held at the village hall with special activities for World Bee Day as well as all the usual activity stations



# This year's village Spring Clean will be held on Sunday 26<sup>th</sup> March 10.00 – 11.30 ish.

Our aim will be to clean the signs, hoe and clear weeds along our streets (to prevent the use of herbicides by Suffolk County Council) and to clear litter.

If you can spare some time, meet at the Village Hall. Rubbish bags, some high viz and litter pickers will be available. If you have them please bring gloves, hoes and brooms, and your friends! We hope to see you there.

Refreshments will be available after.

#### Tuddenham Bowls Club Needs You!

This is the club's biggest fundraising event of the year, please come along and give your support (see the poster for information)

Ahead of the evening there will be the opportunity to "buy horses" for £2 each and the winning horse "owner" for each race wins a bottle of wine! You can buy as many as you like as there are 8 races. Even if you are unable to attend, this is a great way to still take part with a chance to win (e-mail me with the number of horses you would like to purchase carron.bignell99@gmail.com)





Glenn is open For Appointments Tuesday to Saturday



2023 fixtures are still being finalised but latest details can be found online at tuddenham.play-cricket.com

We will be playing midweek friendlies and hosting our Pub v Club fixture and The Jack Davey Cup sponsored by Mill House Homes.

Junior coaching will be on Friday evenings with organised tournaments and mini leagues throughout the season.

I have been asked a few times by people in the village about what the etiquette is regarding walking past the sight screens whilst the game is in progress. The white sight screens are designed to be a background to help the batsman see the ball better when the bowler bowls it. It can be a little distracting for the batsman if anyone is walking behind the sight screen whilst the bowler is about to bowl or is in the middle of their run up.

If you are visiting the ground and can remember to pause whilst the bowler is bowling or about to bowl before walking behind the sight screen that would be very much appreciated.

However, please don't feel like you have committed a "crime" if you forget and the players start waving their arms about and hurry you across.

They should remind themselves that they are only playing village cricket and are not taking part in a Test Match!! The more people that we can encourage to visit the playing field and watch or take an interest in the game the better and if anyone would like any more reassurance about this or any other aspect of the game then please let me know.

Chris Carter Chairman.

For and on behalf of Tuddenham Cricket Club.

H: 01638 510476. E: chris.carter333@yahoo.co.uk

Opening times: Mon - Thurs 5-10pm Fri 5-11pm Sat 12-3pm 6-11pm Sun 12-4pm



Food served: Tues - Fri 6-8.30pm Sat 12-2pm 6-8.30pm Sun 12.30-2.30pm

The White Hart Public House in Tuddenham is a friendly traditional village free house where you can meet with friends while enjoying the warmth of our large open fire in the colder months or relaxing in our beer garden while enjoying the sun in the Summer.

Come and enjoy our award winning guest ales, fine wines and speciality Gin shelf alongside all of the usual offerings you expect to find from a traditional village pub.

Freshly prepared meals are available throughout the week with the addition of our specials board on a Friday and Saturday and of course our fantastic traditional Sunday roast (booking is advisable).



Join us on our White Hart Tuddenham facebook page to keep up to date with our specials board for the weekend, live music, events and Quizzes.

For enquiries and bookings please call 01638 718780

We look forward to welcoming you soon.



Winner
Pub of
the month
June 2017

# **TUDDENHAM COOKERY CLUB**

## What do we do?

• Eat - bring food (or drink) to share, based around a theme - we don't cook on the night



- Chat about what's been tasted, or just chat generally about food & drink
- Share recipes or not, it's up to you if you decide to cook
- Get together informally, with new friends & old, to have an enjoyable time!

# Where & when?

# Tuddenham Village Hall

Last Thursday of the month, 7-9pm Theme (decided at the meetings)

# February 23<sup>rd</sup>:

We had all things batter - (pancakes & beyond!)

# March 30th: Irish evening

We look forward to seeing everyone

Old & new members are welcome.

# Please bring £2 to cover Hall Hire

#### A bit more about RECYCLING:

SOFT PLASTIC PACKAGING. (Wiped clean if necessary)

This includes all plastic wrapping that is used to wrap around your shopping, from cucumbers to cheese, to bread and rice and cereals, fruit, vegetables bread, meat – you name it, it can be recycled in the SOFT PLASTIC BINS in the major supermarkets.

The harder plastic, such as food containers and food trays, go in the BLUE bin, which we are all familiar with.

BUT NOT TETRA PACKS – they still need to be recycled at The Hub.

PETS AT HOME now have a bin just inside the door on the right hand side for food pouches and other pet food bags.

GLADWELLS near the Co-Op on Mildenhall road will take all pet food and bird seed bags for recycling. Just ask at the counter as you go in.

SUPERDRUG are continuing to recycle PLASTIC AND FOIL PILL PACKETS. The large cardboard bin is by the pharmacy counter at the bottom of the shop.

USED UK AND FOREIGN STAMPS: The East Anglian Air Ambulance have a box at Moreton Hall Post Office for stamps, helping them to raise funds. Any contributions can be passed on to me and I will make sure they get to EAAA at Moreton Hall.

For further information on recycling, google the A-Z of recycling at www.suffolkrecycling.org.uk



Location:

Sam Gray

The Granary Tuddenham Nurseries Tuddenham Suffolk, IP28 6SQ



£350.00 + VAT

all-inclusive of Refreshments, Lunch, Workbooks, Certificates, E Learning course to the value £35.00 and telephone support.



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Email: iain@idmtraining.co.uk Web: www.idmtraining.co.uk

# News from Natural England Cavenham Heath- National Nature Reserve.





Spring is in the Air - Goodbye Winter!!

Many of you may have been enjoying some bracing walks on the Heath this winter, the frost combined with muted pale pinks and burnt orange sunrise skies have provided some impressive winter landscape views. But early February saw a few warmer days and the uplifting song of Skylark and Woodlark remind me that lighter evenings and warmer days are coming. I think the Woodlark song is lovely with a crisp lilting melody. It is quite an easy one to learn as it's very distinctive - there are loads of internet sites where you can find it. Woodlark breed on the heath and especially in Kings/Thetford Forest they are one of the earliest birds to start breeding. They are not that common in the UK, with most breeding birds being located in our region and on the Hampshire heaths – so it is pretty cool being able to 'twitch' them on your doorstep!

Although I am optimistic, I know we aren't out of winter yet. In previous years, bad weather can still catch us and wildlife out. We do have a few records of snow on the heath in March. You may recall in 2013 the cold snap the 'beast from the East'- this was bad news for early migrant birds and saw the Breckland Stone-curlew population take a real hit. The lack of insects / food meant that the some birds died. Sadly as it was adult birds, which are generally quite long lived, the population took a real hit. The negative effects are still evident in the population today.

#### As normal we will be closing parts of the heath on 1 March.

On the bits that remain open we request for dogs to be exercised on leads. This is to protect the breeding birds and reptiles such as Adders and Lizards that rely on the heath to survive.

Most people are really good at respecting the closure, so a big 'Thank You' in advance, we

really appreciate everyone who helps us care for the special wildlife of the site.

We have been busy over the winter creating some bare ground areas with the tractor — ploughing and rotavating. We also had a digger coming to site to excavate another old glider trench and create a bund. We call this 'disturbance management' — the bare hot dry sandy and flinty soil that is exposed is excellent for lots of little plants and insects. It may seem odd and even a bit brutal, but it is for the right reasons!

We have also had lots of fencing done on site, mainly replacing some of the older sections. We have used Sweet Chestnut posts where we can. These posts look rustic and are not as straight as softwood, but they don't need any chemical treatment as they have natural anti rot chemicals in them so we feel they are worth the slightly higher cost.

When you are out and about look out for the spring birds- Stone-curlew, Woodlark as

mentioned but we also get lapwing displaying on site and occasionally the call of the Common Curlew can be heard. Some birds pass through such as Wheatear and maybe even Ring Ouzel. Sand Martins are one of the first of the swallow family to be seen. Cuckoo won't be far away. Finally, I always get a 'buzz' out of seeing my first massive Queen Bumble Bee emerge – humming loudly as she searches for a feed of nectar or an old mouse nest to start a new colony.

If you have any interesting wildlife records, please email us directly at <a href="mailto:brecklandnnr@naturalengland.org.uk">brecklandnnr@naturalengland.org.uk</a>

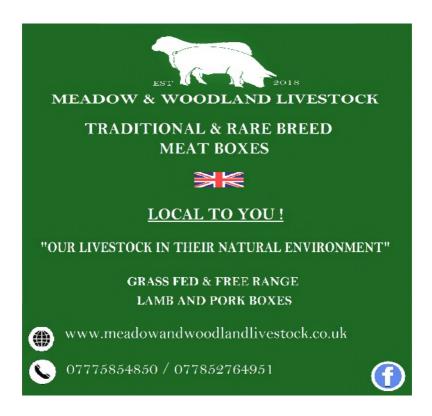
#### **Gathering memories: Tales from the River**

Do you have memories of swimming, playing or fishing in the river at Temple Bridge Tuddenham, Three Bridges Icklingham, or any other places in the area?

I'm running a lottery funded project which is gathering stories about all sorts of river recreation in the Brecks area over the generations. We plan to present these in displays and storytelling, to publish extracts on the website, and later to archive everything at the county record office. We are also hoping to put up some riverside signage, with old photos and stories along with some simple swim safety info, in a few places where landowners agree.

One of the project volunteers or I would love to talk to you about your memories and to see any old photos you might have. Do get in touch with me if you would like to share your stories – Imogen Radford, <a href="mailto:imogen36@googlemail.com">imogen36@googlemail.com</a>, and you can read more on the website, <a href="https://tinyurl.com/TalesRiverStoriesShare">https://tinyurl.com/TalesRiverStoriesShare</a>.

The project is part of The Brecks Fen Edge and Rivers Landscape Partnership Scheme (<a href="http://brecks.org/BFER/">http://brecks.org/BFER/</a>), supported by the National Lottery Heritage Fund.



#### Are you ready to welcome back our returning Swifts?



For those of you with new Swift nest boxes, (or for anyone who wishes to attract Swifts to nest boxes that have been installed for some time without being visited by Swifts), here are some tips about how to use a Swift calling system to attract Swifts to your nest boxes.

- Play swift calls for at least an hour after dawn and for an hour before dusk on calm, dry
  days from May to July. This is when the Swifts will be socialising and interested in hearing
  other Swifts calling! It can also be worth playing the caller on warm sunny days when you
  hear and see Swifts overhead.
- The speaker should be as near to the nest box as possible and in a place where it will be protected from the weather. It can be fixed inside the box if you make sure that the entrance and exit remain clear for the Swifts. It could also be fixed under the box or on a nearby windowsill. "Action for Swifts" have found that speakers placed to point to the skies can be effective even if placed at ground level.
- Louder is better but you may need to compromise by adjusting the volume to accommodate your neighbours.

#### There are normally three waves of swift arrivals.

#### The first wave

Mature breeding adults, of three years or older, returning to their traditional nest sites normally arrive in the last week of April to early May. It is difficult to attract these to a new box as they are extremely site faithful. However, it is possible that displaced breeding adults from homes that have been renovated or demolished during their absence will be looking for new homes.

#### The second wave

Swifts that are two years old and looking for their first nest site, and a mate, start to arrive from the middle of May. **This is peak time for playing your calls!** The Swifts will fly up to investigate wherever the sound is coming from. If you are lucky enough to attract a pair, they will spend the rest of the Summer building a new nest ready for breeding next year.

#### The third wave

Yearlings returning for the first time arrive in the middle of July. These Swifts are interested in joining a colony and will visit several in the local area to investigate the best ones. They might even enter one of your boxes, roosting in it until they leave in August! They will not start building a nest until the following year. They are also attracted by calls, so play as described above.

Don't forget to log your sightings on the Swift Mapper App

(Information courtesy of Lewes Swift Supporters)

#### John Cockerton Foundation

Keep your grant requests coming in!

The trust supports the education of children and young people, pre-school to 24 years old, living in Tuddenham, who are in full or part time education.

Apply with receipts or ask for more information: The Cockerton Trust c/o Kathryn Parker <a href="mailto:parkertud@aol.com">parkertud@aol.com</a> 20 the Green, Tuddenham.

## **Bus Timetable - BSE: Route 357**

The Green: 09.58 - 12.58

The Bus Stn: 10.25 - 13.25 - 17.35 Stand 3

Mildenhall: Route 357

The Green: (opp) 10.47 - 13.47 - (17.56 drop off only)

M-Hall Bus Stn: 9.30 - 12.30 Stand B

**Mobile Library:** 01473 351249

## Herringswell 14.35 - Tuddenham 15.05 - Cavenham 15.40

Sunday 19th March - 16th April - 14th May

# **The Next Edition**

"Deadline for Articles" 15<sup>th</sup> to 22<sup>nd</sup> of May: For the June edition of Umbrella.

Please send emails to:

Amanda - spenceamanda@yahoo.co.uk Rob - umbrella.editor18@gmail.com



To advertise your business in our Quarterly Newsletter; Please contact Claire – clairebasing@live.co.uk

½ page £60 – ¼ page £30 for 4 issues.



Easter Day Family Service
St Mary's Church, Tuddenham
9th April - 9.30am